

# Joshua M. Noblitt

CREATIVE APPROACHES TO HEALING



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## NEW CLIENT RECORD (Confidential)

Date \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_  
#Street City County State Zip

Home Phone \_\_\_\_\_ Office \_\_\_\_\_ Cell \_\_\_\_\_

Which number do you prefer I call and can I leave a message? \_\_\_\_\_

Email address: \_\_\_\_\_ OK to contact you via email? Y / N

If you have children, please list their names and ages \_\_\_\_\_  
\_\_\_\_\_

Highest Level of Education Completed \_\_\_\_\_

Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Employer's Address \_\_\_\_\_

Spouse or Partner's Name \_\_\_\_\_

Emergency Contact Name and Number \_\_\_\_\_

Your relationship with this person \_\_\_\_\_

Are you currently taking any medication? \_\_\_\_\_ If so, please indicate name of drug  
and reason for taking it \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**Presenting Problem:** What is bringing you here today? (onset, duration, intensity, precipitating event)

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Circle any of the following that pertain to you:

Alcohol Use	Fears	Paranoia
Anger	Finances	Personal Growth
Anxiety/stress	Health Problems	Physical Abuse
Attention/ADHD	HIV/AIDS	School Problems
Career/Work	Legal Matters	Self-Harm/Cutting
Communication	Loneliness	Separation/Divorce
Concentration	Loss/Grief	Sexual Abuse
Depression	Mania	Sexual Concerns
Drug Use	Marriage	Sexuality
Eating/Food	Overly Emotional	Sleep Problems
Energy	Pain	Spiritual Issues
Family/Friends	Panic Attacks	Suicidal Thoughts

Are you at risk of hurting yourself or someone else? \_\_\_\_\_

What would you like to see change? \_\_\_\_\_

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What could prevent or block this change? \_\_\_\_\_

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If you have a gynecologist, urologist, internist or family doctor, please give their names and phone numbers \_\_\_\_\_

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When did you last see a doctor? \_\_\_\_\_ Explain \_\_\_\_\_

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How did you get referred to me? \_\_\_\_\_

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Have you had previous counseling or psychotherapy? \_\_\_\_\_

Dates

Where

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Have you had any past psychiatric hospitalizations (describe and list dates)?

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Did you find past treatment helpful? Yes / No    What was helpful/not helpful?

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Have you taken any psychiatric medications in the past? Yes / No    List:

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Are you willing to consider taking medication for your current problems? Yes / No

Are you currently on leave from work or seeking disability? Yes / No

## **Substance Abuse History**

Have you ever been treated for compulsive or addictive behavior? (food, gambling, alcohol, drugs, sex, etc.): Yes / No

Are you currently attending any support groups? Yes / No

In the past 30 days what substances have you used?

Tobacco	Heroin	PCP
Alcohol	Cocaine/Crack	Ecstasy
Marijuana	Amphetamines	Special K
Sleeping Pills	Methamphetamines	Ritalin
Pain Killers	Methadone	Molly
Tranquilizers	LSD	Other: _____

Have you experienced any withdrawal symptoms?

Circle all that apply: headaches    nausea    vomiting    tremors    seeing things    hearing things

Have you ever had a DUI: Yes / No

## **Legal Issues**

Are you currently involved in any legal issues? Yes / No

Are you on parole or probation? Yes / No

Do you have any DFACS involvement? Yes / No

**Family and Relationships**

Please list anyone who lives with you, their age, and their relationship to you:

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Does anyone in your immediate family have substance abuse, behavioral, or psychiatric problems?

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Is your family supportive of you seeking treatment? Yes / No

Do you/have you suffered domestic violence? Yes / No

Do you have a history with sexual, physical, or emotional abuse? Yes / No

If so, which:

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Do you have any sexual orientation or gender issues or concerns? Yes / No

Do you have any spiritual or religious affiliations? Yes / No

Describe your spiritual/religious affiliation:

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What are your hobbies?

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Describe your support system:

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Describe any other information about you that you would like for me to know:

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Client Signature

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Date